

# TERM 3- 2024

## Weekly Menu

For children with allergies, we also have options (Vegetarian, gluten, lactose free food)

### Week 1

MON	Mac & Cheese
TUE	Meat Balls & salad
WED	Yogurt & Fruit
THU	Homemade Fried rice
FRI	Soup & Bread

### Week 3

MON	Mac & Cheese
TUE	Burrito bowls
WED	Banana Cake
THU	Butter chicken
FRI	Homemade pizza

### Week 2

MON	Sweet potato wedges
TUE	Homemade tacos
WED	Apple crumble homemade
THU	Spring Rolls
FRI	Chicken nuggets & salad

### Week 4

MON	Spaghetti Bolognese
TUE	Nachos
WED	Soup & Bread
THU	Fruit & Yogurt
FRI	Wedges and nuggets

## Week 5

MON	Chicken Salad
TUE	Meat pies
WED	Cheese & crackers
THU	Chicken toasties
FRI	Potato gems & salad

## Week 6

MON	Beef Stir-fry
TUE	Pita bread chips & dips
WED	Nachos
THU	Homemade carrot cake
FRI	Chicken fried noodles

## Week 7

MON	Baked Potatoes
TUE	Frozen yogurt
WED	Spring rolls
THU	Mexican burritos
FRI	Pikelets with jam or honey

## Week 8

MON	Sandwiches
TUE	Tacos
WED	Cheese & crackers
THU	Meat balls & salad
FRI	Apple Crumble

## Week 9

MON	Fried rice
TUE	Wedges
WED	Homemade apple crumble
THU	Wraps
FRI	Chicken toasties

## Week 10

MON	Burrito bowls
TUE	Butter chicken
WED	Spring rolls
THU	Chicken nuggets & salad
FRI	Cold rolls